



Activities for Smarter, Happier Kids

Geoff Hannan, Dweena Evans and You

Thinking Frames

Mind Gym Thinking Frame

For Planning

What? How? When? Why?

Step 1

Step 2

Step 3

Step 4

Step 5

Possible problems:

Overcome by:

1

2

3

How will I evaluate it afterwards? How will I know if it works?

1

2

3

Now run your ideas by someone-else.

Mind Gym Thinking Frame

For Reviewing and Remembering

What happened?

Firstly,
Secondly,
Thirdly,
Next,
Finally,

What have I learnt from this?

1
2
3
4
5

How can I use my learning? What connections can I make
with other things and ideas?

It is like

It is like

It is like

I can use this in

I can use this by

Now explain it someone-else. It will help you recall it better.

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Mind Gym Thinking Frame

The 5 Ws Method
For Asking Questions

What?

When?

Where?

Who?

Why? Always ask it.

Synopsis

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Mind Gym Thinking Frame

For Guess and Test

I think that
I can test this by

I think that
I can test this by

I think that
I can test this by

I think that
I can test this by

I think that
I can test this by

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Mind Gym Thinking Frame

Using Descriptive-Reflective-Speculative Sequencing

Descriptive

The facts about something: **how** to do something and/or the **what, where, who?** ('Go for Five' for enough detail and to aid recall.)

1

2

3

4

5

Reflective

The understandings of something: the **why?**

('Go for Five' reasons to understand it in detail and aid recall. It might be 5 good things, 5 bad things, 5 unknown things)

1

2

3

4

5

Speculative

If? Evaluate, draw conclusions and make connections. What would happen if...? What is this like? What is this unlike? What do you think?

Mind Gym Thinking Frame

Reading Comprehension

1. **Skim first then read** slowly and carefully, word by word, using the punctuation to guide you.
2. **Guess**, as you start to read: what is this about?
3. **Pause** whilst you read and ask yourself,
'What do I already know about the subject?'
4. **After** you have finished reading something think back over it and prompt yourself with the 5Ws:
What was it about? What happened? Who was it about? Where did it happen?
Why?
5. **To Remember** something you read then communicate it: tell someone about it or make a few notes to remind yourself about it (you could make notes using this Thinking Frame).

- 1
- 2
- 3
- 4
- 5

Mind Gym Thinking Frame

Storymaking

My story starts like this:

Describe the scene:

Describe the characters in your story:

Describe their feelings:

Then this happens:

Then this:

Then this:

My story ends like this:

Describe the scene now:

Describe the characters now:

Describe their feelings now:

Mind Gym Thinking Frame

For problem solving

1. Think:

Do I really understand the problem?

Do I really understand the question?

2. Think of possible solutions to the problem:

1

2

3

4

5

3. Decide which one is best.

4. State the solution.

5. Test it. Check the Answer. Try again if wrong.

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